

## Oral Sedation Information and Consent Form for Ativan

**Ativan** is a medication that can greatly minimize anxiety that may be associated with going to the dentist. In a relaxed state, you will be able to communicate with the dentist while treatment is being performed. Even though it is safe, effective, and wears off rapidly after the dentist visit, you should be aware of some important precautions and considerations.

1. This consent form and the dental treatment consent form should be signed before you take the medication. They are invalid if signed after you take the pills.
2. The onset of **Ativan** is 60-90 minutes. **Do not drive after you have taken the medication.** For safety reasons and because people react differently, **you should not drive or operate machinery for the remainder of the day. Wait until tomorrow!**
3. This medication should not be used if:
  - You are hypersensitive to benzodiazepines (Valium, Versed, Etc.)
  - You are pregnant or breast feeding.
  - You have liver or kidney disease.

Tell the doctor if you are taking the following medications as they can adversely interact with **Ativan**: Nefazodone (**Serzone**), Cimetidine (**Tagment, Tagment HB, Novicmetine, or Peptol**), Levodopa (**Dopar or Larodopa**) for Parkinsons disease, antihistamines (such as **Benadryl** and **Tavist**), Verpamil (**Calan**), Diltiazem (**Cardizem**) Erythromycin and the Azole Antimycotics (**Nizoral, Biaxin or Sporanox**), HIV drugs such as Indinavir and Nelfinovir and Alcohol. Of course, taking recreational drugs/illicit drugs can also cause untoward reactions.

4. Side effects may include light-headedness, headache, dizziness, visual disturbances, amnesia, and nausea in some people, oral **Ativan** may not work as desired.
5. Smokers will probably decrease in achieved medicinal results.
6. You should not eat heavily prior to your appointment. You may take the medication with a small amount of food, such as juice, toast, etc., taking it with too much food can make absorption into your system unpredictable.
7. Nitrous Oxide (laughing gas) may be used in conjunction with **Ativan** and a local anesthetic.
8. On the way home from the dentist, your seat in the car should be in a reclined position. When at home, lie down with your head slightly elevated. Someone should stay with you for the next several hours because of possible disorientation and possible injury from falling.

I understand these considerations and am willing to abide by the conditions states above. I have had an opportunity to ask questions and have them answered to my satisfaction.

Signed (patient): \_\_\_\_\_

Signed (guardian, if patient is under the age of 18): \_\_\_\_\_

Date: \_\_\_\_\_